**October 11, 2014 --- Letter from Stef to Chaska**

Radiation in Costa Rica

When we were in Costa Rica at Pacha Mama, I brought my FLIR Identifinder 2 NGH Geiger Counter to check radiation levels from Fukushima and was shocked to find extremely high levels radioactive iodine 131, plutonium 232, iridium 192, Uranium 232, Chromium 51, and other isotopes as well as neutron storms.

Neutrons are 10X as dangerous as gamma rays and were off the charts the whole time we were there. As you may  know, neutron bombs are considered the  most destructive weapons because they kill all living things without harming the environment.

The Identifinder 2 NGH (Gamma, Neutron Hydrogen) detector is a $20,000 unit and is self calibrating. I calibrate it every day.

We have also measured neutron and isotope levels when flying commercially to and from Costa Rica. At approximately 35,000 feet altitude, neutrons, gamma rays and annihilation events were setting of alarms on the Geiger counter. Annihilation events are when matter and antimatter collide to generate radioactive particles. The truth about Fukushima is being suppressed world wide in order to keep people from freaking out.

These effects are accumulative in the body and eventually cause problems.

There seems to be a direct stream of radiation that blows across CR. I have been measuring radiation in California, Utah, Arizona, New Mexico and Colorado over the past 3 years and have to say that the levels in CR were surprising because be thought that the levels would be lower. In fact the levels for our entire stay were 10X higher that what I have measured anywhere else.

I am including screen shots from my Geiger counter during that period:

[ the pictures are all inserted here ]

I am convinced that meditation and prayer are needed on a world wide level.

In the meantime, there are nutrients and help to eliminate heavy metals from the body and protect against damage to the organs, especially the thyroid. We take a product called iodoral (Lugol's Iodine in pill form) we buy Iodoral 50 mg tablets and ATP Cofactors purchased from [www.vrp.com](http://www.vrp.com) to protect our thyroids. We take 100 mg Iodoral and 2 ATP Cofactor tablets every night before going to bed. We also take 3 rounded teaspoons of organic sulfur (MSM) every day. The sulfur sulfates heavy metals and eliminates them from the body. Additionally fulvic and humic acid help. Also a teaspoon of clay like bentonite in water helps to bind heavy metals in foods. The high radioactivity is being absorbed by animals and vegetables. (chickens etc.) so we are getting radiation directly and through diet.

I also tested the water at the beach near Pacha Mama and the ocean is very radio active. Not a good idea to each a lot of fish.

Sorry to bring this news, but if we are aware, we can do something about it

If you have any questions, feel free to write.

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